



How can I know? What should I do?

A GUIDE TO FOLLOW

This guide might be helpful to you in clarifying what decision or action you should take in dealing with the difficult choices that arrive during your life.

Information	Gather together all relevant facts and look at available material to help you clarify the important issues
Question	Seek people with relevant experience for their opinions, advice or understanding but always remember it is you that must make the decision
Reflect	Give yourself time to think, wonder, pray and listen, in order to discover the gradual revelation of the truth about what you should do
Desire	Ask yourself, 'What do I REALLY want in this situation?' Often the deepest wish of your heart will come clearer if you give it a chance
God's Desire	Taking time to reflect calmly will help you in discovering God's will in your life

If you need help Discerning a Vocation in the Catholic Church as a Priest, Sister, Brother or Deacon contact Father Mark O'Donnell, Vocation Office, Diocese of Norwich, 201 Broadway, Norwich, CT 06360 (860) 887-9294, or you can e-mail him at: vocations@norwichdiocese.org. www.God-calls.org